

## Exploring the



**Behaviours in  
Dementia  
Toolkit**

Practical & Evidence Informed

## Lewy Body Dementia

# 8

## Helpful Resources



**Lewy body dementia (LBD)** is a brain disease caused by **abnormal protein deposits inside nerve cells** that gets worse over time. People with LBD usually have thinking problems, trouble moving, visual hallucinations and sudden changes in the way they behave.

We can support a person living with LBD to maintain a sense of wellbeing by understanding their personality, life experiences and ways of coping.

**Click on the links below** to explore example resources from the Toolkit and learn more about LBD.

## Understand LBD

### [Lewy Body Dementia](#)

**Alzheimer Society of Canada**

Comprehensive collection of information and Canadian resources.

### [10 Things You Should Know About LBD](#)

**Lewy Body Dementia Association**



Important facts about Lewy body dementias that you should know if you, a loved one, or a patient you are treating may have LBD.

### [Lewy Body Disease Information Kit](#)

**Dementia Australia**

Comprehensive advice and information you can read online or download to share. Includes 8 LBD-specific help sheets.

### [Diagnostic Symptoms Checklist](#)

**Lewy Body Dementia Association**

Checklist helps track symptoms to support conversations with healthcare providers.





“ Everyone is affected differently.

It is important to be aware that your relative or friend living with Lewy body dementia may experience times throughout the day when they may engage as they always have in one moment and be agitated or aggressive in another moment.

Lewy Body Disease, Dementia Australia

## Support a Person with LBD

### [2023 Community Webinar Series](#)

#### **Lewy Body Dementia Association**

Video collection offers expert advice on understanding symptoms, coping strategies and much more.

### [Emergency Room Treatment of LBD](#)

#### **Lewy Body Dementia Association**

Quick guide to key considerations in treatment of psychosis and behavioural disturbances in LBD.

### [Managing hallucinations and changes in visual perception in Lewy body dementia](#)

#### **The Lewy Body Society**

Guide to understanding and managing visual perceptual changes which are common in people with LBD.

### [Lewy Body Dementia Behavior Changes](#)

#### **Lewy Body Dementia Association**

Learn approaches to support a person experiencing behaviours in LBD.



## Behaviours in Dementia Toolkit

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powered by:



**CCSMH**  
Canadian Coalition for Seniors' Mental Health

Free online library for health care providers, care partners & families supporting people experiencing behaviours in dementia.

[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)

