

Exploring the



**Behaviours in
Dementia
Toolkit**

Practical & Evidence Informed



12

Helpful Resources for Personal Support Workers

More than 1 million Personal Support Workers (PSWs) provide personal care, emotional support and friendship to people living with dementia in community and care homes across Canada.

Dementia care continues to change as new knowledge gained through research becomes best practice. The Toolkit includes many tools and resources that may be helpful to PSWs who want to learn new skills.

Click the links below to explore a few of them and find many more tools and resources on the Toolkit website.

Support Personhood

[2SLGBTQI Identity and Dementia: An Introduction for Healthcare and Social Service Professionals](#)

EGALE Canada



[Behaviour: 3 Clinical Vignettes](#)

Nova Scotia Health

[Canadian Remote Access for Dementia Learning Experiences](#)

Conestoga Centre for Health Research & Innovation

[Long-Term Care Staff Training to Promote Involvement in Meaningful Activities for Persons with Dementia](#)

IOWA Geriatric Education Center

[Person Centered Language E-Course: An Overview for Long-Term Care Team Members](#)

Behavioural Supports Ontario

[Pocket Guide to Arts Activities for People with Dementia](#)

Museums and Wellbeing Alliance





“ Beneath every behaviour is a feeling.
And beneath every feeling there is a need.
And when we meet that need rather than focus on the behaviour,
we begin to deal with the cause not the symptom.

Ashleigh Warner, Psychologist

Prevent Behaviours

[Brain and Behaviour: How does knowing about the brain help give me a bath?](#)

South East Knowledge Exchange Network

[Managing Pain and Distress in Long-Term Care - Care Partners](#)

Centers for Learning, Research & Innovation in LTC

[Behaviours and psychological symptoms associated with dementia](#)

Dementia Training Australia

[Practical Approaches to Minimizing Restraint](#)

Social Care Institute for Excellence

[Dementia Talk App](#)

Sinai Health

[Dementia Care and Responsive Behaviours \(for Personal Support Workers\)](#)

PREP LTC

Take Care of Yourself

[Long-Term Care: Understanding and Responding to Grief](#)
Virtual Hospice

[Working With Dementia: Safe Work Practices for Caregivers](#)
Videos and Discussion Guide

Work Safe BC



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CCSMH

Canadian Coalition for Seniors' Mental Health

Free online library for health care providers, care partners & families supporting people experiencing behaviours in dementia.

www.BehavioursInDementia.ca

